**Below is an example of a safety plan for UIC-sponsored travel. If conditional approval of travel is granted, travelers should be prepared to have a safety plan for review one month prior to departure date.**

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| **UIC Recommended Safety Plan** | **Traveler’s Plans to Comply** |
| **Pre-/post-travel testing and quarantine required by destination**: Get a COVID-19 test three days prior to your travel if required by destination and only travel if this result is negative. | *My destination (Wisconsin) does not require a pre-travel test. Thus, I do not plan to schedule any additional testing besides my regular campus surveillance testing.*  |
| **Pre-/post-travel counseling and guidance required by UIC**: Complete the pre-travel counseling with UIC contact tracing two weeks prior to travel. Contact tracing will reach out to you by phone and/or email. The expectation is that you respond promptly. Upon your return from travel, complete post-travel counseling with contact tracing. This counseling will include information on required quarantine, testing, and symptom monitoring. | *I plan to complete the pre- and post-travel counseling as mandated, and am prepared to quarantine, test, and symptom monitor as required.*  |
| **Vaccination status**: COVID-19 vaccine series recommended to be completed at least two weeks prior to travel. | *I am fully vaccinated, I received both doses of the Pfizer vaccine, and my last dose was on March 5, 2021.*  |
| **Personal protective equipment**: Wear a mask over your nose and mouth while traveling, and at all times when at your destination if you are out of your room. | *I plan to double-mask (surgical under cloth mask) while traveling and indoors, and when at my destination will wear a cloth mask when outside. I plan to bring sufficient masks so as to have a clean cloth mask each day. I plan to have my own hotel room, and outside of that room will have a mask on at all times.*  |
| **Symptom monitoring**: Do not travel if you have any [COVID-19 symptoms](https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html), and [report](https://www.redcap.ihrp.uic.edu/surveys/?s=PH78WANDNX) these symptoms to UIC contact tracing if they begin before, during, or after travel. | *I will travel with a thermometer and take my temperature each day. I will also monitor myself for all other COVID symptoms, and report them to contact tracing should they develop.* |
| **Physical distancing**: Stay 6 feet from others and avoid crowds. | *I will comply with the physical distancing guidance. I plan to have my own hotel room, and outside of that room will practice distancing with others.* |
| **Hand hygiene**: Wash your hands often, and use hand sanitizer that is at least 60% alcohol. This is particularly important before you touch your mask, and before eating.  | *I will travel with hand sanitizer that meets the requirements, and follow the guidance outlined.* |